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EDITORIAL

THE PHYSICAL EDUCATION AND SPORTS IN HIGHER EDUCATION - A SUPPLIER OF HIGH-QUALITY HUMAN RESOURCES

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KEY WORDS : higher education, higher education, sports, human resources

ABSTRACT

Nowadays, the context of a „knowledge-based society” and a Europe that „constantly reinvents itself as a space of knowledge and competitiveness”, the developing, the modernization of the higher education system becomes a complex process.

The profound changes in structure and content of Higher education revealed that Physical Education and Sports assure the high qualified of human resources for specific field.

INTRODUCTION

In the context of a „knowledge-based society” and a Europe that „constantly reinvents itself as a space of knowledge and competitiveness”, the developing, the modernization of the higher education system becomes a complex process that includes everything from the conceptual phase to the scientific one and the capitalization of scientific results through concrete practical activities.

Romania, as an EU member is currently engaged in the line of integration into the European space to which it has adhered.

Higher education in general and the Physical Education and Sports in particular have undergone a complex reform process, with the purpose of producing profound changes at the level of structure and content.

Restructuring, reorganization, diversification, adaptation, harmonization, compatibilization represent elements of a real reform in our field of activity, meant to produce change both in content as well as in mentality, objectively and as an effect of the Bologna process.

MOTIVATION

Physical Education and Sports as an essential component of the educational system, as a basic subject in the forming/specializing programs requires an approach in accordance with the tasks it implies, out of which we mention:

- Developing science;
- Shaping of specialists;
- Adopting an instructional design wired to the European concept of education in general and physical education and sports in particular;
- Expanding the area of preoccupation and acting in view to improving the biometric capacity of the generations, maintaining a good health state and working capacity of the youth as well as of the elders.
- Gaining superior performances in sports;

PREMISES AND CONTEXT

We are of the opinion that Physical Education and Sports represents a source of renewal, creativity, constant change and performantial conduct in an environment competitive by definition.

The challenge of the new technologies, programs, methodologies and methods, material resources (apparatus and equipments), financial and human resources, the complexity of the process of globalization emphasize the necessity of a policy meant to increase proficiency in this field of activity.

The frame that emphasizes the necessity that the schools function as suppliers of specialists with a high level of training represents to some extent an accumulation of effects of the changes occurring in the Romanian society. Among these we may indicate the following:

- Gaining political support;
- Creating and applying a new legislation;
- Transforming the higher education system into mass education and the universities into suppliers of educational services;
- Technical progress and an aggressive approach of the ICT methods;
- Free circulation of people and products;
- Covering the interests and necessities of the beneficiaries;
- A high level of competitiveness and the necessity to conquer the international labour market;
- The need to increase the quality level for products and services, including the educational ones;
- The necessity to satisfy the need for national and international recognition;
- Assuring the necessary conditions to capitalize the creative energies and capacities;
- The necessity of an adequate usage of the locations/ endowments and facilities / methodologies and methods.

Among the most significant changes that led to the renewal of the formative/perfecting strategies and programs of the human resources operating in the educational units, sports performance or structural management units we mention:

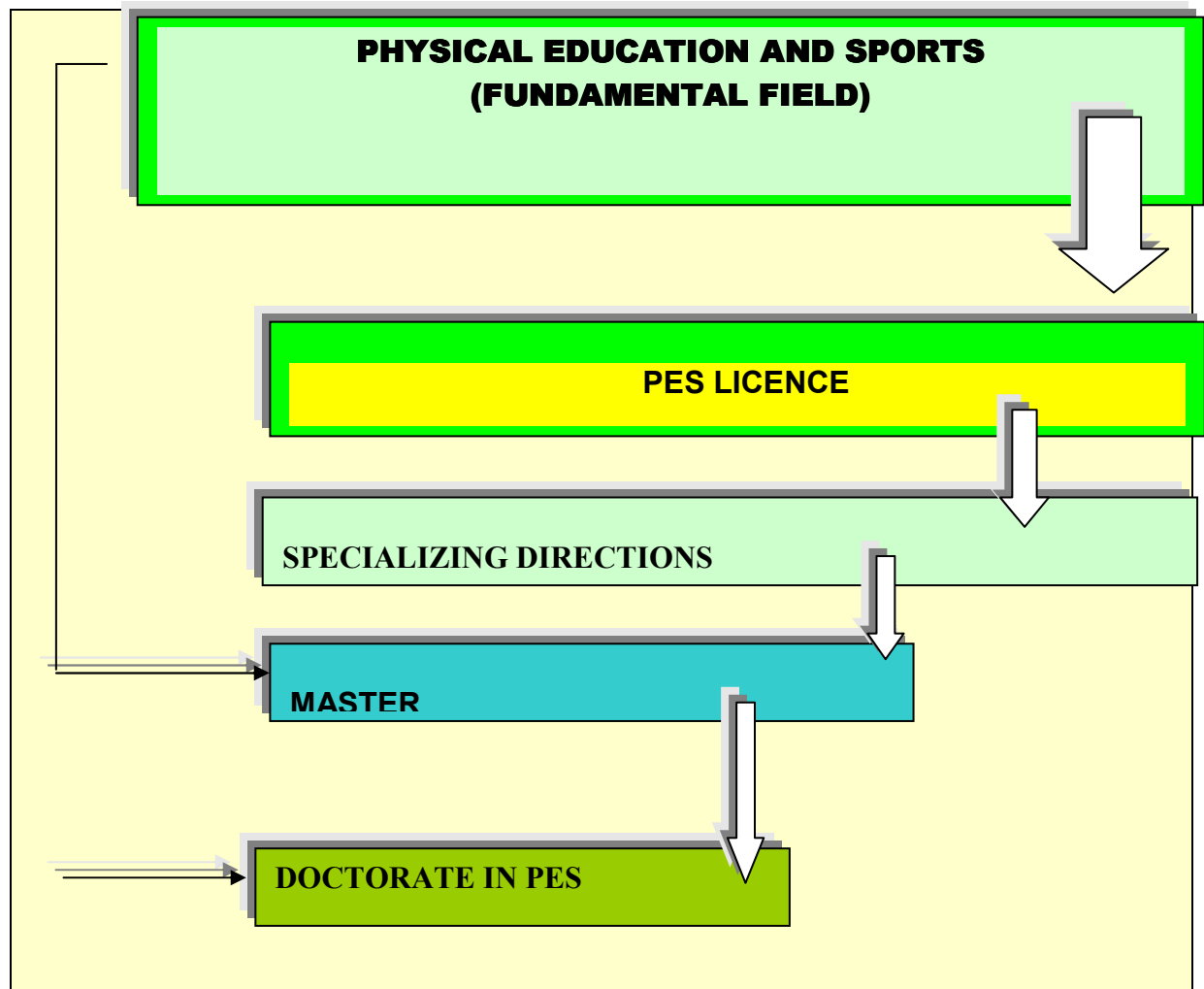
- The introduction and generalized application of the ECTS system;
- The implementing of the “LMD system”;

”ECTS” represents the system that helps the university, in the sense that it provides the necessary means and mechanisms to acknowledge the studies undergone in partner universities from Romania and abroad. Furthermore, it is of great help to the students since it gives them the possibility to study again a discipline from the past years and to fulfill all its requirements and hence get passed the evaluation process.

The “LMD” (3-2-3) system implies a tri-leveled structure of the university studies with different durations (fig. 1; table 1)

Fig. 1

LMD SYSTEM



The „LMD” systems implies certain cycles of teaching/learning which are inter-connected and result one from the other and which develop knowledge and superior competences as follows:

- Initial formation (training in the specializing areas indicated by the law; prefiguration of the master courses) „L”
- Material preparation (specializing; prefiguration of the sub-domains / doctoral directions) „M”
- Doctoral preparation „D”

Table 1.

THE ORGANIZATION FRAME OF THE UNIVERSITY STUDIES

DOMAIN	EDUCATION CYCLE	LEVEL	SPECIALIZATION / TYPES OF PROGRAMS	OBS
PHYSICAL EDUCATION AND SPORTS	I	DEGREE STUDIES	<ul style="list-style-type: none"> Physical education and sports Sports and dynamics performance Kinetic therapy and special dynamics 	Initiation in the specialization
	II	MASTER UNIVERSITY STUDIES	<ul style="list-style-type: none"> Research Complementarity Professionalization 	Profound studies in the scientific field. Inter-disciplinary profound studies Gaining professional competences in a certain field (e.g. Spec. in a sub-domain of sports)
	III	DOCTORAL STUDIES	<ul style="list-style-type: none"> Continuing the directions prefigured in the master studies Others according to interest 	

Level „L” – **licence/degree**, involves gaining general cultural acquisitions, as well defining the professional projects with gaining of certain general competences necessary to go through with these projects on the next level of studies.

The degree shall grant the access to practicing a certain profession in the field of education, dynamics and sports and also stands as the basis for any future profound studies and specializations through master and doctorate programs.

The flexibility of the curriculum is given by the packages of options that outline various educational paths, correlated with specializations on a degree level achievable by introducing a large number of optional courses for the master courses and a variety of packages of options for the doctoral studies.

The contents of the lectures comprised in the curriculums of the higher education cycles and specializations lead towards the accumulation of general and specific knowledge for a certain field of activity or specialization, as well as developing specific competences necessary for fulfilling the required tasks when practicing in MECT, ANS, MA or MIRA units, within the Ministry of Justice, sports associations, clubs, health centers, sports performance or leisure clubs, socio-educational centers, centers for re-education and punishment, socializing and re-socializing centers, recuperation and relaxation centers, child placement centers, tourism, holiday camps, play centers, foundation, companies, corporations, media, local administration, advertising agencies, the protection of humans and public places, production of apparatus/ materials / specialized equipment for physical exercises etc.

In view to updating the existing knowledge, increasing the level of proficiency and gaining supplementary competences it is necessary to apply the concept of „Long life learning” which offers a wide range of programs meant to satisfy the requirements and needs of the potential students.

CONCLUSIONS

Nowadays, in the context of an extremely active process of globalization and concurrent internalization, gaining specific competences becomes a must.

One which lives and unfolds his/her activity in such a society needs a health state as good as possible, both physical as well as psychological, the capacity to unfold an activity which requires sustained effort in view



to fulfilling his/her professional and social tasks and gaining a high level of proficiency. It is the duty of the specialists in the field to contribute to achieving this object through the accessible means.

The above-mentioned specializations, followed by a master program and eventually a doctorate may be the key to achieving success on the international labour market or to maintain Romania as a producer of sports and scientific values in the field of Physical Education and Sports. The profile schools, thus become suppliers of qualified resources from bachelors (debutants/initiated in a specialization) to specialists (master graduates) and top specialists (doctors in EFS)

In the light of the above-mentioned, we can outline certain aspects that must be brought to the attention of the higher education institutions, suppliers of educational services of Physical Education and Sports:

- Knowing the dynamic of the civic society;
- Identifying the necessities of the potential students;
- Closely collaborating with potential employers in view to gaining a full knowledge and understanding of their requirements;
- Closely collaborating with the units that offer internships and the possibility to practice by providing the necessary frame for a direct concrete activity in a professional environment;
- Elaborating attractive and motivating educational offers for the potential students;
- Motivating the personnel in view to increasing the level of proficiency;
- Knowing the European good practices and adapting them to the Romanian socio-economical realities;
- Contributing continually to the elaboration of the national qualifications framework and harmonizing it with the European one;

Within the near future, the Physical Education and Sports higher education system must preserve its primary objective: the formation of high qualified specialists and the development of this field by means of scientific research regarding the various aspects and plans of this specific activity.

Bibliographic references:

ACPART, The methodology for development of the national qualifications framework in the higher education system (CNCIS), project 2007;

The law no. 288 / 2004 regarding the organization of the university studies;

HG 404 / 2006 regarding the organization and unfolding of the master courses;

HG 1175 / 2006 regarding the structure of the higher education institutions which are accredited or temporarily authorized and the specializations in which one can obtain a degree;

Grigore V., Reform project regarding the Physical Education and Sports higher education system, ANEFS, 2004

Zaharia E. S., Patriche M.S., 2006, Université dans la société UNISO2006, Université et Economie Partenaires en Education et Formation

MOTS CLÉ : l'enseignement supérieur, les sports, les ressources humaines

RÉSUMÉ

De nos jours, le contexte d'une "société à base de connaissance" et d'une Europe qui "se réinvente constamment comme un espace de connaissance et d'esprit de compétition", le développement, la modernisation du système d'enseignement supérieur devient un processus complexe.

Les changements profonds dans la structure et le contenu d'Enseignement supérieur ont révélé que l'Éducation physique et les Sports assurent le haut autorisé des ressources humaines pour le champ spécifique.

CUVINTE CHEIE: invatamant superior, sport, resurse umane

REZUMAT: In zilele noastre, conținutul unei „societăți bazate pe cunoaștere” și într-o Europă care se reinventează constant drept spațiu al cunoașterii și spiritului de competiție, se evidențiază faptul că Educația fizică și sportul asigură resurse umane înalt calificate pentru domeniul specific.

SHORT PERSONAL PRESENTATION



NAME: Vasilica Grigore

Professor, PhD, National Academy of Physical Education and Sport, Bucharest, Romania

Skills

Specialist: Curriculum reform, exercise, movement, physical education, sport education, sport, adapted physical education, adapted sports, socialization, resocialization, motor control, sports performance, artistic gymnastics, rhythmic gymnastics, gymnastics acrobatics, dance, body expression, eurhythmy, management of sporting events, kinesitherapy

Generalist: Recovery, recovery, compensation, integration

Positions held

1998-2000 Head of the Department of Gymnastics,

2000 - 2002 Director of the Department of Teaching Staff Training,

2002 Dean of ANEFS,

2002 -2008, Dean of the Faculty of Physical Education and Sport - ANEFS,

2009 and currently director of doctoral studies department

Awards

Third Prize, Scientific Session ANEFS,

1997 Certificate awarded by the IOC President Antonio Samaranch, under the auspices of COR, 1994, to promote Olympism;

Diploma of Merit awarded by the Directorate of Youth and Sports of Bucharest, in 2002 and 2004 for contributing to the development of Romanian sport in Bucharest;

Diploma of Excellence, awarded by the War Veterans Association for his contribution to physical and sports education

Expert assessor ARACIS, MECI, CNCSIS, CNED, ONBS (2002-2006)

Expert assessor for the Bulgarian National Scientific Fund International

Expert ETS ACPART

State committee CNATDCU, NATB-Sport

Municipal Association of Gymnastics president Bucharest

Referee specialized journals "Viitorul" - Craiova (CNCSIS) and „Analele Universității Dunărea de Jos ; fascicula Educație fizică și management”, Galați., (CNCSIS B)

Nominated in the encyclopedia "Who is Who", 2008 edition

Publications / scientific activity

- Grants – 3 national, 1 international

- Books - 7 titles

- over 30 articles published in journals category "B +", and papers published abroad or in the volumes of international scientific events